#### SUNDAY JULY 16th, 2023 - 9:30A - 5:00P

# Empower Yourself as an Empath Workshop *Price*: \$150



An all-day interactive workshop designed to help you discover, understand and deepen your intuitive abilities and give you tools to empower your life.

#### **LOCATION**

BARBARA BULLARDS PLACE
LAGUNA HILLS, CA
(address will be emailed to you once you sign up)

#### **ITEMS TO BRING:**

Water Bottle, Pen and Paper, Favorite Tarot or Oracle Deck, Pendulum (if you have one), Open MInd

\*Lunch Included (gluten free and vegan options available) - Water, Tea, coffee available

#### **PLEASE NOTE:**

Payment must be made prior to Workshop

**Limited Spaces available!** 

Contact (text, message, email, call ) Cynthia for Questions or pmt. 928.257.9588



# **Workshop Overview**

In this workshop you will be provided with an open space to access your intuition and deepen your empathic abilities. **Barbara Bullard**, Intuitive communications expert and author will be sharing techniques to expand the energy body to become a more empathic and powerful being. In addition she will be demonstrating and teaching the power of Kinesiology, Hemi-sync and HeartMath as invaluable tools for the empath to use throughout their lifetime to stay centered, balanced, and grounded. **Cynthia Spiece**, intuitive and medium, will share stories, tips and tools to help you gain confidence in your abilities and energetic sensitivities. In addition, helping you understand what your sixth sense is and how you can use this gift to be in assistance instead of resistance to your life. In addition she will explain why you may be the target of narcissism and self-sabotage and give you empowerment tools to have you know yourself in a more powerful way.

We hope to have you feeling much more connected and empowered by your sixth-sensory abilities, as well as, being more aware of the connectedness that we all share with one another. This interactive workshop will also provide you with one on one interactive practice, to expand your own telepathic abilities.

"We are walking fields of energy, full of information, emotion, and vibrational gradience...streams of conscious awareness enmeshing with one another on a moment to moment basis. Let's learn what this means and how to manage life from this new perspective shall we?" - C. Spiece

Hope to see you there.

## **Workshop Leaders**



**Cynthia Spiece** 

CYNTHIASPIECE.COM - cynthiaspiece@gmail.com - 928-257-9588 \*\* Individuals-Groups-Workshops-Retreats

As a young girl, Cynthia became aware that she would know things that she had no rational way of knowing. While practicing her gift for many years on friends, co-workers and family while also working in the fashion and design industry, she finally decided to make it her full-time occupation. She is a Certified Life Coach and Certified Reiki Master and Teacher. In addition she has a Masters Degree from the School of Incredibly Hard Knocks which forced her to RE-Imagine herself many times over.

Cynthia psychically reads and works with her clients Energy Frequencies and Bodies and the stories they tell and offers them insight and clarity into their issues of concern related to all aspects of their life, personal and business. She offers transformational tools and practices that aid them in raising their energetic vibration. This will help them attract to themselves a life matching the one they IMAGINE themselves living. She is also a medium and channel whereby she has the ability connect her clients with loved ones who have crossed over in order to bring understanding and closure.

Although much of her work is done one-on-one via telephone, she also offers in-person and video chat sessions. Her past workshops have included Living Intuitively, Empower Yourself as an Empath, Deepen Your Intuition, Dreamweaver, Raise Your Vibes, and Ask, Believe, Receive.

Cynthia's business, Re-Imagine That! is named after her intent that we deepen our understanding of the quantum world we live in, as well as the brains role in creating our patterns and habitual responses. She has come to learn through experience the power of our thoughts, words and deeds and the importance of aligning all three. It's become apparent in her work over the years that the vibrational frequency of our FOCUS produces the vibrational equivalent.

"My work is more than just a psychic reading, although that helps give my clients clarity, insight and a new direction "she says. "It goes beyond—it's about seeing the invisible and believing in the impossible. It is now imperative that we RE-IMAGINE some of our current creations, thereby creating more peace, presence, and nonegoic power in our personal lives which in turn will manifest into the world. The marriage of science and spirituality is finally happening and it started with us seeing the value of that union and acknowledging the dance the two create in our lives and in our world "

Cynthia currently splits her time between Arizona and Southern California. Her hobbies are photography, writing, painting, designing, meditating, yoga and all things relating to transformation, conscious awareness and awakening.



## What People Are Saying

"I attended the Empower Yourself as an Empath Workshop in Sedona in April 2023. I was somewhat nervous and unsure if I actually 'belonged' in such a workshop. Wasn't this for diehard intuitive 'real' readers???, I kept asking myself. I am certainly NOT that. In fact, I am certainly not anywhere close to that. But, I knew from experience Cynthia is the most thoughtful reader, meditation leader, and beautiful friend. Even though I was all kinds of doubtful, I was many more kinds of trusting in the knowledge that if anyone can help me learn and become more aware of my intuition it would be Cynthia. So, off I went to the workshop. It was playful, interesting, open-ended, and just plain fun. Cynthia and her 'crew' guided us to connect through dance, music, meditation, and talk - then play with reading cards in a way that had not one wrong question or response. The day flew by and I left feeling very empowered knowing my intuition does indeed exist, it actually works, and I can listen and explore with it. Go. Just sign up. You will not regret attending a workshop with Cynthia. I can't wait to attend another one "

- Jill Q

## **Workshop Leaders, cont.**

#### **Barbara Bullard**

Professor Barbara Bullard is a nationally known speaker and workshop leader on a variety of topics. Being a popular brain / mind / body lecturer and owner of her business Quantum Technologies she holds deep passion for the understanding of how the brain processes, learns and communicates to the body, as well as, the outside world. She is also a certified Master Reiki Healing teacher and practitioner and an Intuitive Reader and Palm Reader.

In addition, she has been an innovative, award winning professor of speech communications for over 50 years at Orange Coast College in Costa Mesa, CA. She is known for her innovative, intuitive, experiential approach to teaching, communications, relationships, leadership and healing. Her involvement with the Edgar Cayce Readings, (A.R.E.) and with the Monroe Institute in the Blue Ridge Mountains of Virginia for more than 40 years, has led to her own research and testing and teaching about the healing impact of music and sound on the brain. These explorations along with Hemi-Sync @ technology were the impetus for a four year effort to create super learning Metamusic, the results of which are twelve of her "Designers Metamusics" two of which are entitled Remembrance and Einstein's Dream.

Barbara is also a published author and has also co-authored the book " Communicating from the Inside Out, ", in addition to many published articles and her latest book is " The Road to Remembrance. "

She has also received numerous awards and distinctions and has received the prestigious NISOD Teaching Excellence Award in Who's Who in Scholars in American Community Colleges and has been listed in the International Women in Education and Outstanding Educators of America.

Barbara is currently retired and lives in Southern California, She spends her time doing consulting work and occasional workshops in her fields of expertise.





# **66** What People Are Saying

"Barbara keeps her audience enthralled and at the same time engulfed in laughter, for she sees the humor in the human scene. One of the best teachers to come down the pike in decades. "

- Jim Dixon

"Barbara's delivery is humorous and challenging. She received a standing ovation for her inspirational message on healing our primary relationships and on her work with the Monroe Institute, which helps us bridge the 21st century! "

- Pat Rosenblad

"We met in Fort Myers, FL. She changed My Life!"

- Theresa Dearduff





